

Gymnastics and Tumbling Training for Ages 2 and Up

Family Friendly, clean atmosphere

VALIANT GYMNASTICS ACADEMY IS A TRAINING FACILITY DEDICATED TO HELPING YOUR CHILD REACH THE HIGHEST LEVEL OF THEIR ABILITY. OUR COACHES STRIVE TO MAKE CLASSES FUN & EDUCATIONAL. CLASS SIZES ARE KEPT SMALL TO ALLOW FOR LOTS OF HANDS-ON ATTENTION

10 Reasons to Take Gymnastics

1. Develop Coordination
2. Develop Flexibility
3. Develop Strength and Power
4. Learn to Listen to and follow directions
5. Gain Self Esteem and Confidence
6. Social Interaction with Peers
7. Learn to Set Goals
8. Learn Fundamentals of Movement
9. Develop Skills to Enhance other sports
10. It's FUN!!



Valiant Gymnastics Academy

- Preschool Gymnastics & Tumbling
- School Age Gymnastics & Tumbling
- Competitive Team
- Boys Only Gymnastics & Tumbling
- Cheerfit
- PreSchool Parties
- PreSchool Open Gym

Please be sure to use our NEW entrance located on the side of the building!!

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